

**SIGNATURE BOX**

*Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.*

- 1.5 lb. Top Sirloin Steaks (4 x 6 oz.)
- 1.5 lb. Boneless Pork Roast
- 2 lb. IQF Boneless/Skinless Chicken Breast
- 2 lb. Lasagna with Meat Sauce
- 1.5 lb. Fully Cooked Boneless Chicken Drumsticks  
*(Brand New Item! Exclusive to AFM)*
- 1 lb. Lean Ground Beef
- 1 lb. Frozen Baby Limas
- 1 lb. Frozen Green Beans
- 1 lb. Broccoli Florets
- 1 lb. Rice
- 1 lb. Pasta
- 28 oz. Pasta Sauce
- 1 lb. Fresh Carrots
- 4 ct. Large Baking Potatoes
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

**\$30.00**

**SENIOR & CONVENIENCE MEALS**

***For Seniors or People on the Go!***

*Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.*

- Chicken Parmesan** with Brussels sprouts & zucchini
- Charbroiled Beef Patty** with mashed potatoes, carrots & corn blend
- Macaroni & Beef** with noodles, carrots & zucchini blend
- Lemon Pepper Fish** with rice, peas & zucchini blend
- Mesquite Chicken** with rice, carrots & green beans
- Spaghetti & Meatballs** with corn, peas & carrots
- Boneless Pork Patty** with roasted sweet potatoes, sugar snap peas & broccoli/cauliflower
- Cheese Manicotti** with green beans, peas & carrots
- Chicken & Rice** with Mushroom Sauce, green beans, corn blend
- Macaroni & Cheese** with broccoli & lima beans
- Desserts:** Assorted Cookies, Mixed Fruit Cup, Fig Bar, Strawberry Applesauce, Grape Juice, Apple Juice

**\$28.00**

**5 LB. ALLERGEN-FREE FOOD BOX**

*Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!*

- 1 lb. Breaded Chicken Fillet Patties
  - 1 lb. Breaded Chicken Tenders
  - 1 lb. Breaded Chicken Nuggets
  - 1 lb. Breaded Steak Fingers
  - 1 lb. Breaded Chicken Wings
- Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.*

**\$23.00**

**6 LB. PREMIUM SEAFOOD VARIETY BOX**

*Six pounds of the finest quality seafood assortment available.*

- 2 lbs. Alaskan Snow Crab Legs
- 1 lb. Large EZ Peel Shrimp
- 2 lbs. Oven Ready Popcorn Shrimp
- 1 lb. Stuffed Crab in Natural Shell (8 ct.)

**\$35.00**

\*\*\*Specials may be purchased with or without the purchase of a Standard Box above\*\*\*

**FEBRUARY SPECIAL #1**

- 6.5 lb. Assorted Meat Grill Box \$23.00**
- 1.5 lb. T-Bone Steaks (2 x 12 oz.)
  - 2 lb. Boneless Pork Chops (4 x 8 oz.)
  - 1.5 lb. Lean Hamburger Patties (4 x 6 oz.)
  - 1.5 lb. Mild Italian Sausage Links with Cheese

**FEBRUARY SPECIAL #2**

- 5 lb. Assorted Meat & Chicken Combo \$22.00**
- 1.5 lb. Kansas City Strips (2 x 12 oz.)
  - 1.5 lb. Prime Rib Steak (2 x 12 oz.)
  - 2 lb. Gourmet Flavored Boneless Chicken Breast Mesquite (4 x 4 oz.) & Lemon Herb (4 x 4 oz.)

**FEBRUARY SPECIAL #3**

- Stuffed Chicken Variety Pack \$18.00**
- 1.5 lb. Chicken Cordon Bleu (4 x 6 oz.)
  - 1.5 lb. Broccoli & Cheese (4 x 6 oz.)
  - 1.5 lb. Chicken Kiev (4 x 6 oz.)

**FEBRUARY SPECIAL #4**

- Super Value Fajita Kit (5+ lbs.) \$21.00**
- 2 lb. Steak Fajita Strip Packs (2 x 1 lb.)
  - 2 lb. Chicken Breast Fajita Strip Packs (2 x 1 lb.)
  - 1 lb. Onions & Bell Peppers
  - 20 ct. 8" Flour Tortillas

**FEBRUARY SPECIAL #5**

- Premium Fresh Fruit and Veggie Box \$22.00**
- 3 lbs. Tree-Ripened Oranges
  - 2 lbs. Premium Red Delicious Apples
  - 1 lb. New Crop Chilean Plums
  - 4 Washington State Anjou Pears
  - 4 Washington State Fuji Apples
  - 4 Tree Ripened Tangerines
  - 2 Tree Ripened Red Grapefruit
  - 6 pack 1 oz. Boxes Premium Sun Dried Raisins
  - 3 lbs. Premium Red A-Size Potatoes
  - 2 lbs. Premium Yellow Onions
  - 1 head Premium Leafy Green Cabbage
  - 1 lb. Premium Whole-Peeled Baby Carrots
  - 1 lb. Dried Pinto Beans
- AFM February 2010 Fruit and Veggie Recipe Sheet

Orders Due: **Wednesday, Feb. 10, 2010**  
 Distribution Day: **Saturday, Feb. 27, 2010**  
*\*Please note that some host sites have earlier order deadlines.  
 Please contact your local host site for information. Visit our website to locate a host site near you*  
[www.angelfoodministries.com](http://www.angelfoodministries.com)



angelfood  
MINISTRIES

## Speed Memorial Church & AFM

**WORKING TOGETHER TO SAVE YOU MONEY ...*Cut your food costs by approximately 50%!***

Angel Food Ministries is a non-profit, non-demoninational organization dedicated to providing grocery relief to communities throughout the United States. The program began in 1994 with 34 families in Monroe, Georgia, and has grown to serve hundreds of thousands of families every month across the 32 states. AFM provides discounted food not only for those who need it, but for any others who appreciate deep discounts on quality food. ANYONE can order Angel Food and save money on their groceries. This month's menu and order form are below.

**ORDER  
DATE:**

Wednesday, Feb. 10, 2010  
5:00 - 6:30 PM

**DISTRIBUTION  
DATE:**

Saturday, Feb. 27, 2010  
8:30 - 9:30 AM

**PROGRAM  
LOCATION:**

328 Hwy. 31  
Sellersburg, IN 47172  
(812) 246-3262

**PAYMENT METHOD:** Cash, check, money order or Food Stamp (EBT) vouchers may be used. *Remit payment at time of order.*

Food Box	_____ x \$30 = \$ _____	Special #2 (Meat & Chicken Combo)	_____ x \$22 = \$ _____
Senior Food Box	_____ x \$28 = \$ _____	Special #3 (Chicken Variety Box)	_____ x \$18 = \$ _____
Allergen-Free Food Box	_____ x \$23 = \$ _____	Special #4 (Fajita Kit)	_____ x \$21 = \$ _____
Seafood Pac	_____ x \$35 = \$ _____	Special #4 (Fruit/Veggie Box)	_____ x \$22 = \$ _____
Special #1 (Asst Meat Grill Box)	_____ x \$23 = \$ _____		
			<b>Grand Total = \$ _____</b>

**CUSTOMER INFORMATION:** Please complete all information.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State/ZIP \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Mobile Phone \_\_\_\_\_

I understand that Speed Memorial Church will donate my food to needy families if it is not picked up during operation hours on Distribution Day. I also understand that Angel Food Ministries® reserves the right to substitute any item due to availability, cost and/or quality.

Signature \_\_\_\_\_

Print Name \_\_\_\_\_

Date \_\_\_\_\_

Make checks payable to: SMC Food Ministry

**FOR SMC OFFICE USE:**

Cash     Money Order     Check (# \_\_\_\_\_)     EBT (Approval Code \_\_\_\_\_)